



Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky.

May 2025

CARTER COUNTY 4-H

4-H Monthly Newsletter to keep you informed



@CarterCountyKY4H



@cartercountyky4h

Club and Projects

Important Dates

County News

CLUB AND PROJECTS

Email rebecca.hayes@uky.edu

All meetings are held at the Carter County
Extension Office unless otherwise stated.

Homeschool Club:

The club will start meeting again in
the fall!

Cloverbuds:

The next meeting will be May 12th at
4:30pm at Carter Nursing &
Rehabilitation

Congratulations to the following for
completing a 4-H Project!

Peyton Burriss - Corn Muffins
Kyler Estep - Corn Muffins
Chloee Baier - Corn Muffins
Bryson Burton - Corn Muffins
Presley Mills - Snickerdoodle Cookies
Tristyn Cochran - Snickerdoodle Cookies
Kylie Campbell - Snickerdoodle Cookies
Tayla & MaKenna - Snickerdoodle Cookies
Natalie Barker - Snickerdoodle Cookies
John Flaughter - Electricity and Geology
Marshall Jones - Woodworking
Neal McDavid - Woodworking
Cole McDavid - Cloverbud Woodworking
Ashtyn Burnett - Babysitting
Kennedy Mills - Painting
Hadlee Burton - Photography
Audrey Barker - Crochet
Kelsey Wilson - Printing
Brooke Middleton - Entomology
Gabriel Woodruff - Sculpting



Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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&
Disabilities
accommodated
with prior notification

IMPORTANT DATES

School Clubs:

Will Start back in the fall!

School Enrichment:

Will start back in the fall!

4-H Summer Camp:

Save the Date for summer camp, June
30-July 3. Registration will end May
30th and the cost is \$200 with limited
scholarships available.

Longest Day of Play:

June 20th from 10:00 am - 1:00 pm at
the Grayson Sports Park!

Summer Day Camps will be
announced June 1st!

Congratulations to the following for
competing in the county
Communications Contest!

Audrey Barker - Friendship Bracelet
Demonstration
MaKenna McDavid and Tayla Puckett -
Team Cooking Demonstration
MaKenna McDavid - Autism
Awareness Speech
Kelsey Wilson - Wildland Fire Fighting
Speech

Rebecca Hayes



May 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 <i>Communications Contest</i>	2	3
4	5	6 Livestock Tagging	7	8	9	10
11	12 Cloverbuds	13 <i>Area Communications Contest</i>	14	15	16 <i>Journals Due</i>	17
18	19	20	21	22	23	24
				— Memory Days —		
25	26 <i>Office Closed</i>	27	28	29	30 Last day to sign up for camp!	31





Martin-Gatton
College of Agriculture,
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4-H SUMMER CAMP

JUNE 30 - JULY 3, 2025

At North Central 4-H Camp

- Meet new friends
- Try new activities
- Gain new skills
- Learn about the outdoors
- Cabin life
- Find your "SPARK"

PRICE REDUCTION

Ages 3rd grade and up
rebecca.hayes@uky.edu

606-474-6686



**Scholarships
Available!**

**Cooperative
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UK Cooperative
Extension Service

LONGEST DAY OF PLAY



Event Information:

 **Friday, June 20, 2025**

 **10am-1pm**

 **Grayson Sports Park**

Celebrate the 1st day of summer at the playground and splash pad along with music, outdoor games, obstacle courses, art activities, giveaways, face painting, and more!

FREE


**FUN FOR ALL
AGES**

**FREE MEAL FOR
18 AND UNDER**

GIVEAWAYS!

More Information

 **(606) 474-6686**

 **whitney.morrow@uky.edu**

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Bagel with Strawberries

Servings: 2 Serving Size: 1/2 half of bagel



Ingredients:

- 1 whole-grain bagel, halved
- ¼ cup cream cheese or ricotta cheese
- ½ cup sliced strawberries
- Honey or maple syrup
- Cinnamon (optional)

Directions:

1. Spread each half of the bagel with 2 tablespoons of cream cheese or ricotta.
2. Sprinkle each bagel half with strawberries.
3. Drizzle with honey or maple syrup. Sprinkle with cinnamon (optional).

Source: LEAP...for Health: Adapted from: Real Simple Food. Bagel with Ricotta and Strawberries.

<http://www.realsimple.com/food-recipes/recipe-collections-favorites/quick-easy/healthy-snack-ideas/bagel-ricotta-strawberries-O>.

Tips

Toast bagel for a warm treat!

NUTRITION FACTS PER SERVING: 240 calories; 12g fat; 69 saturated fat; 0g trans fat; 30mg cholesterol; 220mg sodium; 29g carbohydrate; 1g fiber; 10g sugar; 3g added sugars; 7g protein; 0% Daily Value of vitamin D; 4% Daily Value of calcium; 6% Daily Value of iron; 2% Daily Value of potassium.